



**WELCOME**

We would like to welcome you to the Carson Valley Community Food Closet. Our friends just refer to us as “the Food Closet”. We are a Staff of two with an awesome team of volunteers that take care of the daily tasks of the organization. Hours of food distribution are 12:30-4:00, Monday, Tuesday, Wednesday and Friday. We offer client-choice on food, hygiene and pet food once a month and a smaller amount of food items once a week to our clients.

**Face Masks Required**

Following the guidelines for the state of Nevada, everyone must wear a face covering to enter the building. If you are medically unable to, please advise the Volunteer at the front door and we will accommodate you on the front patio near the front door.



*Save-The-Date*  
Sept. 7 – CLOSED for Labor Day  
19 Community Food Distribution 8:00-10:00  
22 CSFP Drive -Thru 1:00-1:30  
Census Representative Available

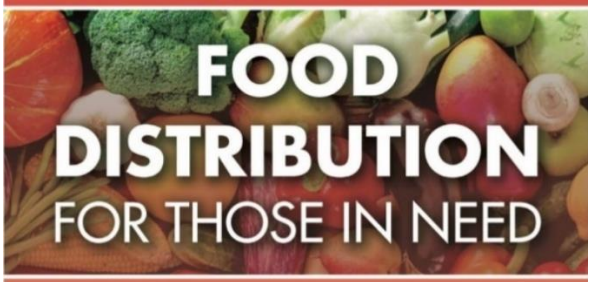
**Outdoor Distribution**

**Last one of the Season!**

Saturday, Sept 19th, 8:00am-10:00am  
For those in our Community in need of food.  
Bring an umbrella to protect you from the sun.  
You do not have to be a Food Closet member.  
Park in the front of the building or the gravel easement on Waterloo.

**Backpack Buddies Update**

Douglas County School District “distance learners” may pick up Backpack Buddies weekend food bag at their school. Contact your student’s school to make arrangements. After Sept 11, 2020 no longer available at the Food Closet.





## Featured Foods

### Featured Foods, Facts & Recipes

#### Fruit and Nut Mix

Walnuts

Pitted Plums

Raisins

## Fruit and Nut Mix Pizazz

Wondering what to do with your TEFAP Fruit and Nut Mix? Add a few ingredients to mix it up.

### S'mores Mix:

Mini Marshmallows  
Chocolate Chips  
Graham Crackers

### Flavors of Fall:

Cinnamon Chex Cereal  
Butterscotch Chips  
Dried Cranberries  
Pecans  
Sunflower Seeds

### PB & J

Peanut M & Ms  
Mini Peanut Butter Crackers  
Peanuts

### Packin' a Punch

Wasabi Peas  
Sunflower Seeds  
Pretzels  
Peanuts

### Coffee Buzz:

Chocolate Espresso Beans  
Raisins  
White Chocolate Chips  
Almonds

### The Elvis:

Banana Chips  
Peanut Butter Chips  
Bits of Jerky  
Peanuts



Dried Plum Energy Bites

### Ingredients

- 2 cups dried plums
- 1 cup oats
- 1 cup walnuts
- 2 tablespoons chia seeds
- 2 teaspoons honey

### Directions

1. Place all ingredients in a food processor and blend until everything is crumbled
2. Form mixture into 1" Balls
3. Store in an air tight container in the refrigerator

*The Family Support Council has opened a new Crisis Response Team serving Douglas County. If you or someone you know has been the victim of a violent crime, please call 775-782-8692 (24 hours/7 days) to speak with an Advocate.*

*There are resources available for victims of domestic violence, elder abuse, assault/robbery, DUI/DWI, homicide, human trafficking, sexual assault, stalking, terrorism, and vehicular crimes.*